

## The Truth About God's Sabbath Day

Some say Jesus rose on Sunday, but scripture says He didn't. Some call it the Lord's day, but Scripture defines the Lord's day as His return. So where did we get the 1st day Sabbath from. History tells us that it is tradition and doctrine of man. The word of God only supports the 7th day Sabbath and does not change it anywhere. Let's look at what Jesus says:

### **Matthew 13:15**

**15 For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them.**

Jesus says that the people really don't want to know the truth! They have shut their own eyes. If they really wanted to know the truth they would seek it and turn to Him and be converted and healed. What the average Christian does not understand today is that God's word is perfect, Not what their minister or pastor says!

Now the disciples asked Jesus some questions and look what He says first:

### **Matthew 24:3-4**

**And as he sat upon the mount of Olives, the disciples came unto him privately, saying, Tell us, when shall these things be? and what shall be the sign of thy coming, and of the end of the world? 4 And Jesus answered and said unto them, Take heed that no man deceive you.**

Don't let anyone deceive you!

### **Matthew 24:11**

**And many false prophets shall rise, and shall deceive many.**

How will they deceive many? With false doctrine that is contrary to scripture. What is false doctrine? Jesus can come at any time, Jesus is going to rapture you to heaven, you don't have to keep the commandments anymore, just call on Jesus and you are saved, Jesus loves everybody, and there are a lot more. All separate lessons with hundreds of scriptures to prove these as false doctrine.

Look at what Paul says:

### **2 Corinthians 11:3-4**

**But I fear, lest by any means, as the serpent beguiled Eve through his subtlety, so your minds should be corrupted from the simplicity that is in Christ. 4 For if he that cometh preacheth another Jesus, whom we have not preached, or if ye receive another spirit, which ye have not received, or another gospel, which ye have not**

**accepted, ye might well bear with him.**

Satan deceived Eve by bringing just enough truth and twisting it into a lie. Another Jesus is any Jesus other than the Jesus of this Bible. The Jesus mingled with false doctrine and traditions of man such as the Jesus of the 25th of December. Nowhere in the Bible does it talk about Jesus being born on Dec. 25th. In Jeremiah the 10th chapter the Lord specifically talks about the X-mas tree. Only it wasn't know as that then, it had to do with the worship of sun gods and mithra. And who brings us this false teaching?:

## **2 Corinthians 11:13-15**

**For such are false apostles, deceitful workers, transforming themselves into the apostles of Christ. 14 And no marvel; for Satan himself is transformed into an angel of light. 15 Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness; whose end shall be according to their works.**

That's right not all ministers are from God! That is why we have to prove the teaching we get by His word. If it is not in His word history will show us where it came from.

## **Define Sabbath**

**SABBATH, n.**

**1. The day which God appointed to be observed by the Jews as a day of rest from all secular labor or employments, and to be kept holy and consecrated to his service and worship. This was originally the seventh day of the week, the day on which God rested from the work of creation; and this day is still observed by the Jews and some christians, as the sabbath. But the christian church very early begun and still continue to observe the first day of the week, in commemoration of the resurrection of Christ on that day, by which the work of redemption was completed. Hence it is often called the Lords day. The heathen nations in the north of Europe dedicated this day to the sun, and hence their christian descendants continue to call the day Sunday. But in the United States, christians have to a great extent discarded the heathen name, and adopted the Jewish name sabbath.**

**Webster's 1828 Dictionary**

The average Christian says they worship on Sunday because Jesus rose on Sunday and that it is now the Lord's day. Let's see what God's word says about this:

## **Matthew 28:1-6**

**In the end of the sabbath, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulcher. 2 And, behold, there was a great earthquake: for the angel of the Lord descended from heaven, and came and rolled back the stone from the door, and sat upon it. 3 His countenance was like lightning, and his raiment white as snow: 4 And for fear of him the keepers did shake, and became as dead men. 5 And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. 6 He is not**

**here: for he is risen, as he said. Come, see the place where the Lord lay.**

On the Sabbath day Jesus was already risen.

Now some Christians, (I say some because not all read their bibles), have read Revelation and know that this is talking about the 7 trumpets and the return of the Lord.

#### **Revelation 1:9-10**

**I John, who also am your brother, and companion in tribulation, and in the kingdom and patience of Jesus Christ, was in the isle that is called Patmos, for the word of God, and for the testimony of Jesus Christ. 10 I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet,**

Notice that John was in the spirit on the Lord's day. But then so were all of the Lord's prophets. Here is one example:

#### **Joel 2:1**

**Blow ye the trumpet in Zion, and sound an alarm in my holy mountain: let all the inhabitants of the land tremble: for the day of the LORD cometh, for it is nigh at hand;**

#### **Joel 3:11-21**

**Assemble yourselves, and come, all ye heathen, and gather yourselves together round about: thither cause thy mighty ones to come down, O LORD. 12 Let the heathen be wakened, and come up to the valley of Jehoshaphat: for there will I sit to judge all the heathen round about. 13 Put ye in the sickle, for the harvest is ripe: come, get you down; for the press is full, the fats overflow; for their wickedness is great. 14 Multitudes, multitudes in the valley of decision: for the day of the LORD is near in the valley of decision. 15 The sun and the moon shall be darkened, and the stars shall withdraw their shining. 16 The LORD also shall roar out of Zion, and utter his voice from Jerusalem; and the heavens and the earth shall shake: but the LORD will be the hope of his people, and the strength of the children of Israel. 17 So shall ye know that I am the LORD your God dwelling in Zion, my holy mountain: then shall Jerusalem be holy, and there shall no strangers pass through her any more. 18 And it shall come to pass in that day, that the mountains shall drop down new wine, and the hills shall flow with milk, and all the rivers of Judah shall flow with waters, and a fountain shall come forth of the house of the LORD, and shall water the valley of Shittim. 19 Egypt shall be a desolation, and Edom shall be a desolate wilderness, for the violence against the children of Judah, because they have shed innocent blood in their land. 20 But Judah shall dwell forever, and Jerusalem from generation to generation. 21 For I will cleanse their blood that I have not cleansed: for the LORD dwelleth in Zion.**

Jesus Himself told you that this had to happen before His return, the sun and moon not giving their light and stars falling from Heaven.

**Matthew 24:29-31**

**Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken: 30 And then shall appear the sign of the Son of man in heaven: and then shall all the tribes of the earth mourn, and they shall see the Son of man coming in the clouds of heaven with power and great glory. 31 And he shall send his angels with a great sound of a trumpet, and they shall gather together his elect from the four winds,**

Jesus also told you to read your bibles:

**John 5:39 Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me.**

Since there is nowhere that the word of God does away with the 7th day Sabbath we need to go to the History books to find out where the 1st day Sabbath came from.

**Encyclopedia Britannica Online**

**In 321 the Roman emperor Constantine decreed Sunday to be a legal holiday and forbade all trade and work other than necessary agricultural labour. Later emperors extended the prohibition to include public amusements in the theatre and circus. Church councils of the period were more concerned to enforce the obligation of Sunday worship, the earliest being the Spanish Council of Elvira (c. 300); but a synod of Laodicea (c. 381) enjoined Christians not to “Judaize” but to work on the sabbath and rest, if possible, on the Lord's Day. The Old Testament commandment of sabbath rest received a spiritual interpretation from the Church Fathers when they applied it to Sunday; e.g., Augustine of Hippo held that the sabbath rest from servile work meant abstention from sin (compare Tract. in Joannis, Book III, chapter 19; Book XX, chapter 2).**

**A literal application of the sabbath law to Sunday became evident in conciliar canons and civil laws of the Frankish kingdoms in the 6th century, climaxed by Charlemagne's capitulary adopted by the Council of Aachen, 789 (canon 80). Medieval legislation thereafter repeatedly sought to enforce the “holiday” of Sunday, as also of many other holy days, for the benefit of serfs and labourers. Sabbatarian laws applied to Sunday were also continued by the Protestant Reformers. The Acts of Uniformity of Edward VI in 1552 and of Elizabeth I in 1559 required all persons to attend worship on Sunday, the latter imposing a fine for neglect to do so. The Church of England's Canons of 1604 (number 13) make similar provision. Many Puritans were strongly sabbatarian in sentiment. Some of them referred to Sunday as “the sabbath.” In the Puritan colonies of New England, the so-called Blue Laws of Sunday observance were especially severe. Today some states and cities in the United States have statutes restricting certain trades and amusements on Sunday. Church laws continue to insist upon the moral obligation to attend worship every Lord's Day.**

**Encyclopedia Britannica Online**

As with all false doctrine the 1st day tradition comes from the Roman Catholic church.

This is really another lesson but look at what one history book says:

Last 2 Million Years pg. 216-17 Readers Digest History Book

### **Pagan rites Absorbed**

**By a stroke of tactical genius, the Church, while intolerant of pagan beliefs, was able to harness the powerful emotions generated by pagan worship. Often, churches were sited where temples had stood before, and many heathen festivals were added to the Christian calendar. Easter, for instance, a time of sacrifice and rebirth in the Christian year, takes its name from the Norse goddess Eostre, in whose honour rites were held every spring. She in turn, was simply a Northern version of the Phoenician earth-mother Astarte, goddess of fertility. Easter eggs continue an age-old tradition in which the egg is a symbol of birth: and cakes which were eaten to mark the festivals of Astarte and Eostre were the direct ancestors of our hot-cross buns...Meanwhile at the centre, in Rome itself, the popes had an efficient organization, the curia, patterned on that of the Roman empire. Papal legates abroad reported back to the pope on shifts of policy and political power, and held a powerful diplomatic weapon in their right to refer disputes to Rome. The pope claimed the sole power to grant absolution for sin. Through the bishops and the parish priests, his authority reached into almost every corner of Europe.**

**Last 2 Million Years pg. 216-17 Readers Digest History Book**

Last 2 Million Years pg. 144 Readers Digest History Book

### **The Mission Of St. Augustine**

**Although the British Church was revitalized by the Irish arriving from the west, a Church based on remote monastic settlements could not cater for the spiritual needs of the ordinary people. To deal with this situation, Pope Gregory, at the end of the 6th century, sent St. Augustine to England at the head of a band of missionary's...Gregory himself advised his missionary's to leave the pagan shrines alone, and to try to introduce Christian worship only gradually along side pagan practices. This mingling of Christianity and paganism is the reason why Christ's birthday is celebrated on December 25th- The date of the pagans' winter festival.**

**Last 2 Million Years pg. 144 Readers Digest History Book**

You can find this in any encyclopedia and most history books.

Now some will say that the 7th day Sabbath is just for Israel, but look what the Lord says:

### **Numbers 15:14-16**

**And if a stranger sojourn with you, or whosoever be among you in your generations, and will offer an offering made by fire, of a sweet savour unto the LORD; as ye do, so he shall do. 15 One ordinance shall be both for you of the congregation, and also for the stranger that sojourneth with you, an ordinance for ever in your**

**generations: as ye are, so shall the stranger be before the LORD. 16 One law and one manner shall be for you, and for the stranger that sojourneth with you.**

An ordinance forever in your generations. Self explanatory! What Israel has to do so does anyone other than Israel. The same 10 commandments or covenant, the same statues and judgments, quite simply obedience to God's voice.

**Leviticus 24:22**

**Ye shall have one manner of law, as well for the stranger, as for one of your own country: for I am the LORD your God.**

Look what Paul says in Galatians the 3rd Chapter:

**Galatians 3:26-29**

**For ye are all the children of God by faith in Christ Jesus. 27 For as many of you as have been baptized into Christ have put on Christ. 28 There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus. 29 And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.**

Faith is not something magical or mystical, it just means belief. And if you believe you either become obedient or you reject what thus saith the Lord!

Look what the Lord told Moses:

**Exodus 31:12-16**

**And the LORD spoke unto Moses, saying, 13 Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it is a sign between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you. 14 Ye shall keep the sabbath therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people. 15 Six days may work be done; but in the seventh is the sabbath of rest, holy to the LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death. 16 Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant.**

Keep my Sabbaths! Talking about all His Sabbath days as laid out in Leviticus the 23rd chapter. The keeping of the Sabbaths is a sign between the Lord and His people throughout all generations. In doing so the Lord is sanctifying or setting us apart from the other people who are not obedient or have faith in Christ. The keeping of the Sabbath is a perpetual covenant. A covenant within the covenant that is good forever!

In closing:

Jesus kept the Sabbath. He walked with the disciples for 40 days after He had risen speaking of the things pertaining to the kingdom of God. He then commanded them to:

**Matthew 28:19-20**

**Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: 20 Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.**

Teach all nations and baptize in the name of Jesus, teaching them to observe all things that Jesus had commanded them.

Long after Jesus had ascended to the right hand of the Father His disciples were keeping the Sabbath day, the 7th day. When Jesus was here in the flesh He kept the Sabbath day!

Yes Paul broke bread on the 1st day of the week, he broke bread everyday that he ate. Yes Paul taught on the 1st day of the week, Paul taught everyday that he could teach what thus saith the Lord. Don't be deceived! Prove all things and hold fast to what is good.